

HEALTH AND PHYSICAL EDUCATION Associate of Arts

(Degree Audit Program Code: AA-PHYSICAL-ED)

The transfer curriculum below is designed for students who plan to pursue a degree in Health and Physical Education (Health and Physical Education, Kinesiology, Recreation and Leisure Services, or Exercise and Sports Sciences) at a senior college or university after completing their studies at Galveston College. Upon successful completion of the prescribed courses, the student will be eligible to graduate from Galveston College with an Associate of Arts degree.

FIRST YEAR

First Semester				Second Semester			
ENGL	1301	Composition I	3	ENGL	1302	Composition II	3
HIST	1301	US History I ¹	3	HIST	1302	US History II ¹	3
MATH	1332	Contemporary Math I ²	3			Creative Arts Elective ³	3
KINE	1301	Intro Physical Fit & Sport	3	KINE	13XX	Elective	3
KINE	1304	Personal/Comm/Wellness I	3	KINE	1346	Drug Abuse and Use	3
PHED	1148	Weight Training I	1	PHED	1149	Weight Training II	1
			16				16

SECOND YEAR

First Semester				Second Semester			
GOVT	2305	Federal Government	3	GOVT	2306	Texas Government	3
BIOL	2401	Anatomy and Physiology I	4	BIOL	2402	Anatomy and Physiology II	4
KINE	13XX	Elective	3	SPCH	1315	Public Speaking	3
		Language, Philosophy & Culture Elective ⁴	3			Language, Philosophy & Culture ⁴ or Creative Arts Elective ³	3
PHED	1144	Strength and conditioning	1	PHED	11XX	Elective ¹¹	1
			14				14

Total Semester Credit Hours: 60

Notes:

*Degree requirements may vary among different senior institutions. Students should consult an advisor for specific course selection.

¹HIST 2301 may be substituted for either HIST 1301 or HIST 1302.

²MATH 1332 is suggested or select one course from: MATH 1314, 1324, 1325, 1342, 2312, 2413, 2414, or PSYC 2317.

³Select one course from ARTS 1301, ARTS 1303, COMM 2366, DRAM 1310, DRAM 2366, HUMA 1301, MUSI 1306, MUSI 1310.

⁴Select one course from ARTS 1304, DRAM 2361, DRAM 2362, ENGL 2322, ENGL 2323, ENGL 2327, ENGL 2328, ENGL 2332, ENGL 2333, ENGL 2342, ENGL 2343, HIST 2311, HIST 2312, HUMA 1302, PHIL 1301, PHIL 2306, PHIL 2307.

¹¹Select any one hour PHED elective.